

## 與海外學者交流

百忙之中，傍晚時分，本校體育科蘇老師及陳同學帶了 Dr. Kwok NG 來找我洽談。談談對於特殊教育發展的概況和感受。Dr. Kwok NG 十分關心學生的體能需要，參觀校園時亦談到課程的調適處理。

本校誠邀 Dr. Kwok NG 於 5 月 8 日到校賜教。Dr. Kwok NG 為 University of Turku、University of Eastern, Finland、University of Limerick, Ireland 的高級研究員，為調適體育課程及殘障運動的頂尖學者。

校長喜歡這樣交流，也喜歡多與不同的人溝通。面對我校體育的發展，我想起香港傷殘人士體育協會早前送來的一本小書《我們永不言棄》。這本書，我放在校長室裡，傷殘運動員的身影 --- 張偉良、蘇樺偉、梁育榮、余翠怡，在在讓我不斷提醒自己，永不言棄的精神。當然，少不了現在仍在努力培訓高福耀學子打乒乓球的鄺錦成教練。接下來，我想到我們了不起的殘奧運動代表 --- 焦瑾珊和鄭中。不知不覺間，學校似乎有著一幅願景。



I'm amazed by the smart use of space and the commitment of the school to offer adapted physical activity opportunities. These opportunities are important for children with special educational needs, as not only does it help them build confidence in everyday skills and tasks, it can improve students' mental health, social health, and physical health. Moreover, through more physical activity, the brain is

stimulated in multiple ways, making academic success more achievable. The school's infrastructure, the staff and students are doing a fantastic job of encouraging the students to be physically active. (Dr. Kwok NG)

Dr. Kwok NG 對本校的調適運動安排及課程設計深感興趣。交流期間，Dr. Kwok NG 問及融合教育，亦分享了他在調適運動在國際實踐的寶貴經驗，令本校獲益良多。校長期待更多的交流。